



Profiles of facilities, staff, volunteers, families and residents in Kentucky's long term care facilities.

# Profiles



Winter 2017

**The Stars come out during KAHCF's 2016 Annual Meeting**  
 The Kentucky Association of Health Care Facilities held its 2016 Annual Meeting and Trade Show to a chorus of "Lights! Camera! Action! Embracing Change!" at the Galt House in Louisville. The week was capped off with the Quality Awards Banquet where numerous caregivers were honored for their quality work. More than 600 long-term care providers met during the meeting, attending educational sessions on vital issues and changes to rules and regulations. Among the topics discussed were the new Requirements of Participation, Life Safety Codes, new trends in dining and activities, and how to work better with co-workers of different generations. More than 100 vendors exhibited during the trade show as well, and on Wednesday, the Association hosted the Interim Joint Committee Meeting on Health and Welfare and presented on issues important to providers.



Above, Oakmont Manor staff pose with the Facility of the Year trophy after the Awards Banquet. Inset, Administrator Shanna Carver applauds her staff for their compassion and care.



## Facility of the Year Oakmont Manor, Flatwoods

Drive up a hill in Flatwoods and down a street till it ends, and visitors will find the 2016 Facility of the Year on a bluff overlooking the river and scenic woods. The scenic spots are not just outside Oakmont Manor though as residents bring their favorite furniture for their rooms or gather around the 250-gallon salt water fishtank or on the large front porch, or look out the bay window over the river. The residents stay active in various local fund-raisers, such as collecting stuffed lambs for children in Haiti or school supplies for a local day care.

The facility itself has developed partnerships with the local hospital to reduce rehospitalizations and developed a pilot program granting Oakmont staff access to

residents' electronic medical records at hospitals to ensure they have the right information.

"We are very honored to be chosen by the Kentucky Association of Health Care Facilities as the 2016 Facility of the Year. We are a 5-star facility because of the dedicated and compassionate staff at Oakmont Manor. This would not be possible without the staff, residents and community partners working together," said Administrator Shanna Carver. "Words cannot describe how honored we are and how proud it makes us to represent both our residents and the community we serve, as well as the association. We look forward to continuing to serve our residents for many years to come."

# of Long Term Care

## Ira O. Wallace Award

### Jeff Arnold

Jeff Arnold, president of Med Care Pharmacy, received the Association's highest individual honor for his 33 years of service to the Association and the long-term care profession on the state and national level. "I have dedicated my career as a pharmacist to assisting nursing facilities throughout Kentucky in serving their frail, elderly residents. It has been my privilege to work with some of the finest nursing facilities in Kentucky, where thoughtfulness, love and compassion for residents are displayed daily," Arnold said. Arnold got his start in the 1980s at St. John's Nursing Home as its one pharmacist. He also has served on the Association's Pharmacy Workgroup and the Kentucky Health Care Foundation, among other state and national committees.

2016 Ira O. Wallace winner Jeff Arnold and previous winner Janine Lehman



## Administrator of the Year

### Melissa Sparks

#### Hyden Health and Rehab

Melissa's compassion benefits residents and staff alike. Noting a younger and more diverse group of residents, she implemented an iPad/social media program that has led to a decrease in resident behavior by redirecting behaviors to technology that has resulted in a 20 percent reduction in psychotropic medications. She is an active cheerleader of her staff, encouraging many to pursue educational goals and has developed a relationship with the local vocational school and the Health Occupations Students of America.



DON of the Year Crystal Fizer and KAHCF Board Chair Debra Finneran

## Medical Director of the Year

### Dr. Ronald Waldridge

#### Masonic Home of Shelbyville

Dr. Waldridge has been serving the Masonic Home of Shelbyville community for 45 years and has played an integral role in reducing the use of anti-psychotics from 17% to 3% and ensuring an effective Infection Control Program. But it is his caring heart that has made such an impact on residents and staff. When he gave up his practice, he could not give up caring for these residents that he has cared for more than 40 years. And he will also treat staff – many of whom he delivered – oftentimes at no cost.



## Director of Nursing of the Year

### Crystal Fizer

#### Oakmont Manor, Flatwoods

Crystal not only manages the duties of this position, but also is pursuing an advanced degree. She has worked to involve Oakmont in local pilot programs with the hospital to reduce rehospitalizations and streamline the access to electronic medical records. Oakmont serves as a clinical site for nursing students at the local community college, and Crystal serves on the advisory board so the instructors know what changes may need to be made to the program.



**Better Life**  
**Debra Finneran**  
**Masonic Homes of Kentucky,**  
**Louisville**

For more than 40 years, Debra has been a change agent for long-term care in Kentucky. From her start as a Director of Nursing to Administrator to Owner, she has molded and shaped new directions for the profession, emphasizing quality and person-centered care initiatives that has changed the face of long-term care at the state and national level. In everything she has done, Debra has put the residents' well-being, wishes and desires first.

**Volunteer of the Year**

**Mike Howard**  
**Harlan Health and Rehab**

Mike visits Harlan at least twice a week, coming on Wednesday to visit and pray with residents, but also going room-to-room taking orders for Sunday. When he returns on Sunday, he comes with ice cream, milkshakes, fruits and vegetables and delivers the specific requests to each resident. He can also be found on the front porch sitting with residents entertaining them by singing and playing his guitar.



Jim Mays, Juanita Estes, and Everett Estes

George Brewer, Frank Higdon and Danny Linde make up the Ramblers Band who come every Tuesday to visit with residents during lunch and then play some of their favorite old-time country, religious, patriotic and other favorite songs. Rehab residents schedule their sessions around their appearances, and former residents often come to visit so they can hear them play.

**Volunteer of the Year**  
**The Ramblers Band,**  
**Georgetown Manor,**  
**Louisville**

B.J. Campbell,  
 Everett Estes,  
 Jim May,



KAHCF Board Chair Debra Finneran presented Chairman's Citations to Steve Brown (left) and Ken Urlage.

**Chairman's Citation**  
**Steve Brown**  
**Ken Urlage**

These long-time administrators were honored for their years of service to the profession before retiring this year. Steve spent his entire 42-year-career in Glasgow, starting at Glasgow Rest Home. In 1979, he helped plan, develop and supervise construction of Barren County Health Care Center before it became Diversicare of Glasgow. Ken ended a long career at various facilities, retiring as administrator at River Valley Nursing Home. Both men have been familiar figures at Association events. Steve served as the Credentialing Committee Chair at the Business Meetings, conducting the business from the floor and counting delegates. He also served on the board and other committees including Personal Care Homes, Legislative and the PAC; and was the recipient of the Ira O. Wallace Award in 1986 and the Midwestern District Administrator of the Year. Ken followed in his father's footsteps in Association leadership. He served on the board, including as chairman from 2013-15 and has been active in the Kentucky Health Care Foundation and PAC. Ken was administrator at River Valley Nursing Home when it won Facility of the Year in 2009, and he also won the Ira O. Wallace Award in 1990. They have also served as role models and mentors for up-and-coming administrators, offering their facilities as teaching facilities for nurses and administrators.



Courtney Cox

## Public Relations Award (Newsletter) Williamsburg Nursing and Rehab

Williamsburg’s residents named its Newsletter “The Chatter Rag” in 1999, and its purpose is to educate about not just Williamsburg

Nursing and Rehab, but long term care in general, enhancing the profession’s image. The high-quality printing of the magazine format makes for a bright, cheery and informative read. It is an inviting publication that when placed in local doctors’ offices and other locations, people can’t help but check it out.



Mary Haynes presents PR Award to Kelli Smith

## Public Relations Award (Community Event) Hillcrest Health and Rehab, Corbin

Hillcrest residents joined with staff and the community to make Chemo-Care bags for the

local cancer care center. Hillcrest collected 1,950 donated items, and residents assembled 150 Chemo-Care bags. Residents painted socks to make them grippy to reduce the danger of falling, made blankets and scarves, shared personal stories and prayer tags. There were so many bags, it took more than one vehicle to load them. The effort was covered by the local media and shared on the Hillcrest Facebook page.

## INTERIM JOINT COMMITTEE MEETING ON HEALTH AND WELFARE

KAHCF was honored to host The Interim Joint Committee Meeting on Health and Welfare. KAHCF members were able to meet with legislators and express their concerns and opinions on issues affecting long term care providers. Left, Senator Julie Raque Adams, DeeAnn Wenk, Rep. Tom Burch and Becky Lawrence listen to a presentation on several issues. Below, Stephen Raines with Preferred Care Partners and Laura Creekmore at Williamsburg Health and Rehabilitation talk with Senator Ralph Alvarado.



# Scholarships



**Crystal Fizer**  
Oakmont Manor, Flatwoods  
Ira O. Wallace Scholarship



**Jessica Hall**  
Knott County Health and Rehab,  
Hindman  
Ira O. Wallace Scholarship



**Crystal Janes**  
Green Acres Health Care,  
Mayfield  
Ira O. Wallace Scholarship



**Cody Brooks**  
Metcalf Health Care Center,  
Edmonton  
Ira O. Wallace Scholarship



**Carrie Adams**  
Hyden Health and Rehab  
KHCF Presidential Scholarship



**Sharon Barker**  
River Valley Nursing Home, Butler  
KHCF Presidential Scholarship



**Jaye Ashby**  
Redbanks Colonial Terrace, Sebree  
KHCF Scholarship



**Jessica Hollan**  
Wolfe County Health and  
Rehab, Campton  
KHCF Scholarship



**Margaret Crump**  
Greenwood Nursing and Rehab,  
Bowling Green  
KHCF Scholarship



**Rebecca Bell**  
Woodland Oaks, Ashland  
KHCF Scholarship



**Bobbi Cline**  
Wolfe County Health and Rehab,  
Campton  
KHCF Scholarship



**Rachel Terrill**  
Wolfe County Health and Rehab,  
Campton  
KHCF Scholarship

## INTERIM JOINT COMMITTEE MEETING ON HEALTH AND WELFARE

KAHCF First Vice Chair Terry Skaggs and President Betsy Johnson address the Interim Joint Committee Meeting on Health and Welfare. KAHCF Board Chair Debra Finneran meets with legislators after the meeting.



# Nursing Care Top 10



**Deborah Hill**



**Wilma Reed**



**Drema Banta**



**Donna McDowell**



**Tuwana Blackwell**



**Beth Munsell**



**Jessica Venable**



**Nancy Corkran**



**Jessica Broughton**



**Yvonne Farley**

**Deborah Hill**  
Williamsburg Health  
and Rehab  
*Overall Winner*

**Wilma Reed**  
Harlan Health and  
Rehab

**Drema Banta**  
Masonic Home of  
Shelbyville

**Donna McDowell**  
Mountain Manor of  
Paintsville

**Tuwana Blackwell**  
Georgetown Manor,  
Louisville

**Beth Munsell**  
Mills Health and  
Rehab, Mayfield

**Jessica Venable**  
Barbourville Health  
and Rehab

**Nancy Corkran**  
Middlesboro Nursing  
and Rehab

**Jessica Broughton**  
The Heritage Nursing  
and Rehab, Corbin

**Yvonne Farley**  
Morganfield Nursing  
and Rehab



Education sessions and the entrance to the Trade Show are always popular during the Annual Meeting. Sessions on the new Requirements of Participation were especially crowded this year.



## Caregiver Top 10



Shawn Grimm



Debbie Napier



Beverly Clark



Wanda Robinson



Thelma Snowden



Amanda Slone



Mary Smith



Amy Martin



Sarah Brock



Irene Adams

### Shawn Grimm

Mountain Manor of  
Paintsville  
*Overall Winner*

### Debbie Napier

Harlan Health and Rehab

### Beverly Clark

Masonic Home of  
Shelbyville

### Wanda Robinson

Wolfe County Health and  
Rehab, Campton

### Thelma Snowden

Stanton Nursing and Rehab

### Amanda Slone

Knott County Health and  
Rehab, Hindman

### Mary Smith

Hillcrest Health and Rehab,  
Corbin

### Amy Martin

Middlesboro Nursing and  
Rehab

### Sarah Brock

Barbourville Health and  
Rehab

### Irene Adams

Morganfield Nursing and  
Rehab

## Supportive Care



Larry Thomas  
Napier



Tiffany Waymon



Milian Sutton



Deborah Thrasher



Carolyn Carnes



Cindy Childers



Karen Honeycutt



Lillian Kimberlain



Kathy Meadows



Leane Chaney

### Larry Thomas Napier

Harlan Health and Rehab  
*Overall Winner*

### Tiffany Waymon

Redbanks Colonial Terrace,  
Sebree

### Milian Sutton

Brighton Cornerstone,  
Madisonville

### Deborah Thrasher

Georgetown Manor,  
Louisville

### Carolyn Carnes

Hillcrest Health and Rehab,  
Corbin

### Cindy Childers

Masonic Home of Shelbyville

### Karen Honeycutt

Hyden Health and Rehab

### Lillian Kimberlain

Woodland Oaks, Ashland

### Kathy Meadows

Mountain Manor of  
Paintsville

### Leane Chaney

Barbourville Health and  
Rehab



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KAHCF is the trade association that represents proprietary and non-proprietary long term care facilities across the Commonwealth.

For more information contact:  
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**Heroes**  
**H**  
Winter 2017

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Superior Care Home Co-Owner and CEO Helen Sims plays Pop-A-Shot at the MobilexUSA booth during the trade show.

of Long Term Care